

| Agency Name   | Street Address   | City, State, Zip      | Phone   | Website   | Services Provided   |
|---|--|-----------------------|---|---|---|
| <b>Addiction Treatment</b>                                | <b>See Also: The Salvation Army (Family Assistance), Personal Counseling Services (Counseling)</b>   |                       |   |   |   |
| AL-ANON   | Search Website for meeting locations & times   | Springfield, IL 62703 | 1(888) 899-8341   | <a href="https://al-anon.org/al-anon-meetings/">https://al-anon.org/al-anon-meetings/</a>   | Support groups for loved ones of alcoholics. See website to find a meeting in Springfield.  |
| Alcoholics Anonymous                                      | Search Website for meeting locations & times   | Springfield, IL 62703 | 24 Hr Hotline: (217) 525-5795<br>Toll Free: (866)525-5795                                     | <a href="http://www.aaspringfield.org">www.aaspringfield.org</a>  | Support groups for people struggling with alcohol problems. See website for times & locations <a href="http://www.aaspringfield.org/Meetings.aspx">http://www.aaspringfield.org/Meetings.aspx</a>   |
| Family Guidance Center                                    | 120 North 11th Street  | Springfield, IL 62703 | (217) 544-9858  | <a href="http://www.fgcinc.org">www.fgcinc.org</a>  | Substance abuse treatment via Methadone Maintenance, Inpatient treatment, Outpatient treatment  |
| Gateway Foundation Springfield                            | 2200 Lake Victoria Drive   | Springfield, IL 62703 | (217) 529-9266  | <a href="https://gatewayfoundation.org/locations/springfield">https://gatewayfoundation.org/locations/springfield</a>   | Medication-Assisted Treatment, Residential, Outpatient, Alumni Engagement   |
| Narcotics Anonymous                                       | Search Website for meeting locations & times   | Springfield, IL 62703 | HELPLINE 1-800-539-0475   | <a href="http://www.ltdana.com/">http://www.ltdana.com/</a>   | Support groups for people having trouble with drug addiction. See website for meeting times & loactions <a href="https://www.na.org/meetingsearch/text-results.php?country=USA&amp;state=Illinois&amp;city=Springfield&amp;zip=&amp;street=&amp;within=20&amp;day=0&amp;lang=&amp;orderby=datetime">https://www.na.org/meetingsearch/text-results.php?country=USA&amp;state=Illinois&amp;city=Springfield&amp;zip=&amp;street=&amp;within=20&amp;day=0&amp;lang=&amp;orderby=datetime</a> |
| National Drug Abuse Hotline (SAMHSA)                      | N/A  | N/A                   | 1(800) 662-4357   | <a href="https://www.samhsa.gov/find-help">https://www.samhsa.gov/find-help</a>   | Connection to treatment providers. SAMHSA also advocates and educates for mental/behavioral health and drug abuse.  |
| Smoking Quitline  | N/A  | N/A                   | 1(866) 784-8937   | <a href="http://quityes.org/">http://quityes.org/</a>   | Online Chat available at <a href="http://quityes.org/">http://quityes.org/</a>  |
| Solutions Counseling & DUI Services                       | 1306 S. 6th Street Suite B   | Springfield, IL 62703 | (217) 757-0000  | <a href="http://solutionscounseling.info/home/4993155">http://solutionscounseling.info/home/4993155</a>   | Individual counseling, group counseling, and court-recommended treatment services   |
| The Illinois Institute for Addiction Recovery (IIAR)      | 2050 W. Iles, St. G  | Springfield, IL 62704 | (217) 726-6611  | <a href="http://www.addictionrecov.org">http://www.addictionrecov.org</a>   | Inpatient/Residential and outpatient counseling and treatment services for adults with chemical and/or behavioral addictions, as well as those individuals struggling with related at-risk behaviors. Treatment for following addictions: Chemical, Gambling, Food, Sex, Internet, Video Game, Shopping/Spending, Dual Diagnosis, Chronic Pain with Addiction   |
| <b>Auto Maintenance &amp; Repair</b>                      |  |                       |   |   |   |
| <b>Child Care &amp; Youth Enrichment</b>                  | <b>See Also: Family Services</b>   |                       |   |   |   |
| Boy Scouts  | 5231 S 6th Street Rd   | Springfield, IL 62703 | (217) 529-2727  | <a href="http://www.alincolnbsa.org">www.alincolnbsa.org</a>  | To train youth in responsible citizenship, character development, & self-reliance through participation in a wide range of outdoor activities, educational programs, and career-oriented programs in partnership with community organizations. <a href="http://www.scouting.org">www.scouting.org</a>   |
| ChildCareCenterUS   | Online Only  | Online Only           | N/A   | <a href="https://childcarecenter.us/illinois_homecare/petersburg_il_city">https://childcarecenter.us/illinois_homecare/petersburg_il_city</a>   | Online listing of In-Home Daycares  |
| Community Connection Point                                | 901 South Spring Street, Suite B   | Springfield, IL 62704 | (217) 525-2805  | <a href="http://www.ccpoint.org">www.ccpoint.org</a>  | Free list of daycare providers in clients' area via phone or walk-in. (Jenna Wyatt ext. 8542) If a family is low income or on TANF/Food Stamps, or a single parent is in school, can qualify for Child Care Assistance Program (CCAP). CCAP is a state-wide program that pays a portion of monthly childcare bill at the provider of clients' choice.   |
| Girl Scouts   | 3020 Baker Drive   | Springfield, IL 62703 | (217) 523-8159  | <a href="https://www.getyourgirlpower.org/">https://www.getyourgirlpower.org/</a>   | To foster & promote activities for girls & young women  |
| Mini O'Beime Crisis Nursery                               | 1011 North Seventh Street  | Springfield, IL 62702 | (217) 525-6800  | <a href="http://miniobeime.org/">http://miniobeime.org/</a>   | Children ages birth through six years are cared for in a loving and nurturing homelike atmosphere free of charge by child care workers and loving volunteers. Developmental and medical screenings can be provided in addition to referrals for education, psychological, medical, dental, food and clothing sources.   |
| New Salem Children's Center                               | 14277 State Highway 97   | Petersburg, IL 62675  | (217) 632-7587  | <a href="https://www.facebook.com/NSCC2INC/">https://www.facebook.com/NSCC2INC/</a>   | Child care and education services for kids from six weeks to ten years old. Pricing by age of child.  |
| University of Illinois Extension (4-H) Petersburg Office  | 420 South 7th Street   | Petersburg, IL 62675  | (217) 632-7491  | <a href="https://web.extension.illinois.edu/lms/">https://web.extension.illinois.edu/lms/</a>   | 4-H, Referrals to SNAP & other education programs   |
| University of Illinois Extension (4-H) Springfield Office | 700 S. Airport Drive   | Springfield, IL 62707 | (217) 782-4617  | <a href="https://web.extension.illinois.edu/lms/">https://web.extension.illinois.edu/lms/</a>   | Local Food Systems and Small Farms, Horticulture, SNAP-education and 4-H Youth Development  |
| <b>Clothing &amp; Furniture/Household Items</b>           | <b>See Also: Family Assistance; Contact Ministries (Housing -Emergency); Washington Street Mission (Food); 5th Street Renaissance (Housing -Emergency); Grounds of Grace (Human Trafficking)</b> |                       |   |   |   |
| Give & Take Thrift Shop                                   | 100 East Sheridan Road   | Petersburg, IL 62675  | (217) 632-7723 (MCHA)   | Donations: email <a href="mailto:asmith@menardcha.org">asmith@menardcha.org</a>   | Free clothes & household items  |
| Goodwill Thrift Shop                                      | 2531 North Dirksen   | Springfield, IL 62702 | (217) 280-4021  | <a href="http://www.goodwill.org/">http://www.goodwill.org/</a>   | Thrift Store -discount clothes & household items  |
| Habitat for Humanity of Sangamon County Restore           | 2744 South Sixth Street  | Springfield, IL 62703 | (217) 523-2710  | <a href="http://www.habitatsangamon.com/restore">http://www.habitatsangamon.com/restore</a>   | Thrift Store -discount clothes & household items  |
| Hope Thrift Store   | 1800 S Dirksen   | Springfield, IL 62703 | (217) 527-8414  | <a href="http://www.hopethriftcenter.org/">http://www.hopethriftcenter.org/</a>   | Thrift Store -discount clothes & household items  |
| No Mountain Too High Thrift                               | 301 South Main   | Athens, IL 62613      | (217) 416-9605 (Merle); (217) 619-2581 (Furniture, Mark); (217) 632-7723 (Ask for Anne Smith) | <a href="https://www.facebook.com/pg/nm2high/services/?service_id=1317888374933809&amp;ref=page_internal">https://www.facebook.com/pg/nm2high/services/?service_id=1317888374933809&amp;ref=page_internal</a> | Free clothes & household items  |
| St Martin De Porres Center                                | 1725 S Grand Ave East  | Springfield, IL 62703 | (217) 528-2851  | <a href="https://stmartindeporres.net/">https://stmartindeporres.net/</a>   | Free Food, Clothing & Household items   |

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| The Salvation Army Family Store                                  | 221 North Eleventh Street   | Springfield, IL 62703  | (217) 528-7573  | <a href="http://springfield.satruck.org/">http://springfield.satruck.org/</a>   | Thrift Store -discount clothes & household items   |
| Counseling & Mental/Behavioral Health                            | See Also: Local Hospitals; Family Guidance Center (Addiction Treatment); ABC Counseling (Teens/Youth Services); Lutheran Family Services (Family); Mini O'Beime Crisis Nursery (Medical); Planned Parenthood (Medical); Prairie Center Against Sexual Assault (Domestic Violence); Pregnancy Care Center of Springfield (Medical); 5th Street Renaissance/SARA Center (Housing -Emergency); The Parent Place (Family) |                        |   |   |  |
| Brianne @ Menard Medical   | 1 Centre Dr   | Petersburg, IL 62675   | (217) 632-7761  | <a href="https://www.memorialmd.com/Locations?loc=Petersburg">https://www.memorialmd.com/Locations?loc=Petersburg</a>                             | Counseling & Guidance for mental and behavioral health for adults & children   |
| First Step Women's Center  | 104 N Grand Ave East  | Springfield, IL 62707  | (217) 523-0100  | <a href="http://firststepwomenscenter.org/">http://firststepwomenscenter.org/</a>   | Lab-quality pregnancy testing, Ultrasound to confirm viability, Options consultation, STD testing and treatment, Community resource referrals. Free pregnancy tests and after-abortion recovery groups.  |
| GriefShare Grief Recovery Ministry @ Athens Christian Church     | PO BOX 260<br>1411 E. Route 29  | Athens, IL 62613       | Sharon Schirding (217) 632-7340; church office (217) 636-8463   | <a href="http://www.griefshare.org">www.griefshare.org</a>  | GriefShare is a 14-week, Christ-centered, biblically based support group seminar. The seminar will meet on Wednesdays from September 5th through November 28th. GriefShare helps people deal with the loss of a spouse, child, family member, or friend through death. The program may also be helpful to those who want to learn more about helping a grieving loved one.   |
| Lincoln Prairie Behavioral Health Center                         | 5230 6th St. Frontage Rd. E   | Springfield, IL 62703  | (217) 585-1180  | <a href="http://www.lincolnpairiebhc.com">www.lincolnpairiebhc.com</a>  | Mental Health Center Inpatient and Outpatient for Children and Adolescents   |
| Memorial Behavioral Health                                       | 710 N. 8th Street   | Springfield, IL 62702  | Adult Services (217) 525-1064; Children's Center (217) 757-7700 | <a href="http://www.memorialbehavioralhealth.org">www.memorialbehavioralhealth.org</a>  | Adult Services and Children Services for those with medical cards  |
| Mom's Postpartum Depression Hotline                              | N/A   | N/A                    | 1(866) 364-6667   |   | Dealing with Feelings, Springfield, IL: Bi-monthly support group that is a safe place where moms will find support, comfort and encouragement. This is not a therapy group but an outlet for moms to connect with other moms experiencing feelings of sadness, anxiety, confusion, depression, anger and a general feeling of being overwhelmed. Meeting Time: Every other Tuesday 12:30PM-1:30PM Meeting Location: NICU Classroom on the 4th floor of the HSHS St. John's Children's Hospital Fee: None For more information contact Beth at (217)415-5690 or email ealafata@aol.com or call the Parent Help Line at (217) 544-5808 or (888) 727-5889. or email Elizabeth.krah@hshs.org |
| Personal Counseling Services                                     | 2659 Farragut Drive   | Springfield, IL 62704  | (217) 726-7273  | <a href="http://www.personalcounselingservices.com">www.personalcounselingservices.com</a>  | Family/Couple issues, Stress Management, Addiction Counseling, Depression, Anxiety, Dual diagnosis, Adolescent & young adult, Behavioral Issues, Chronic Illness, Grief & Loss, Life Changes, Substance Abuse, Crisis & Trauma recovery, Relationship Counseling, DUI evaluations, Driver Risk Education classes, Anger Management, Addictions   |
| Postpartum Depression Alliance of Illinois                       |   |                        | 1(847) 205-4455   | <a href="https://www.ppdil.org/who-we-are/">https://www.ppdil.org/who-we-are/</a>   | Phone and email postpartum support available statewide: <a href="https://www.ppdil.org/contact-us/">https://www.ppdil.org/contact-us/</a>  |
| SIU Div. of Child & Adolescent Psychology                        | Noll Pavilion 5220 South 6th Street Road Suite 1200   | Springfield, IL 62704  | (217) 545-6900  | <a href="https://health.usnews.com/doctors/pamela-campbell-401656#location">https://health.usnews.com/doctors/pamela-campbell-401656#location</a> | Psychiatrists diagnose and treat mental illness, such as depression, anxiety disorders, substance abuse, and schizophrenia. Most psychiatrists rely on a mix of medications and psychotherapy.   |
| The Phoenix Center   | 109 E Lawrence Ave  | Springfield, IL 62704  | (217) 528-5253  | <a href="http://www.phoenixcenterspringfield.org">www.phoenixcenterspringfield.org</a>  | The Phoenix Center is Central Illinois' LGBTQ Community Center offering various support groups, services, training, gatherings (social & educational) and transitional housing, New at the Phoenix Center an on-staff ASL interpreter available for HIV/HEP C/STD testing as well as interpretation for other services.  |
| The Salvation Army   | 1600 E Clearlake  | Springfield, IL 62704  | (217) 525-2196  | <a href="https://centralusa.salvationarmy.org/springfield/">https://centralusa.salvationarmy.org/springfield/</a>                                 | Marriage and family counseling   |
| Wellspring Counseling  | 2534 Farragut Drive, Suite #2   | Springfield, IL 62704  | (217) 953-4660  | <a href="http://wellspringcounseling-springfield.com">http://wellspringcounseling-springfield.com</a>   | Depression, Anxiety, OCD, Relationships, PTSD, Behavior Problems   |
| Dental   | *Medicaid only covers dental for children 18 & under*   |                        |   |   |  |
| Aspen Dental   | 2701 N Dirksen Pkwy   | Springfield, IL 62702  | (217) 492-1400  | <a href="http://www.aspendental.com">www.aspendental.com</a>  | Does NOT take Medicaid but offers highly reduced pricing and financing programs  |
| Cass County Dental Clinic  | 331 S Main Street   | Virginia, IL 62750     | (217) 452-3057 ext. 9   | <a href="http://www.casscohealth.com">www.casscohealth.com</a>  | Medicaid Accepted. Discounts available for uninsured patients.   |
| Central Counties Health Centers -General Dentistry               | 2239 E. Cook Street   | Springfield, IL 62703  | (217) 788-2300  | <a href="http://www.centralcounties.org/">http://www.centralcounties.org/</a>   | Medicaid Accepted  |
| Familia Dental   | 802 N. 9th Street   | Springfield, IL 62704  | (217) 679-2896  | <a href="http://www.familiadental.com">www.familiadental.com</a>  | Medicaid Accepted  |
| Menard County Dentists (Don Hartman, James Wilmert, Karl Downey) | 213 North 5th Street  | Petersburg, IL 62675   | (217) 632-2077  | None  | Does NOT accept Medicaid   |
| Optim Dental   | 907 South 6th Street  | Springfield, IL 62703  | (217) 971-3432  | <a href="http://www.optimdentalcare.com">www.optimdentalcare.com</a>  | Medicaid Accepted  |
| Disability Services  | See Also: Social Security Administration (Other); UIC Specialized Care for Children (Medical); Goodwill (Employment); For respite care see Senior Services  |                        |   |   |  |
| Disability-Benefits-Help (Online)                                | 326 A Street, Unit 1A   | Boston, MA 02210       | N/A   | <a href="http://www.disability-benefits-help.org">www.disability-benefits-help.org</a>  | Online service that provides assistance with applying for social security/disability benefits, and is paid pro bono. NOT AFFILIATED WITH THE SOCIAL SECURITY ADMINISTRATION  |
| IATP (Illinois Assistive Technology Program)                     | 1020 South Spring Street  | Springfield, IL 62704  | (217) 522-7985  | <a href="http://www.iltech.org">www.iltech.org</a>  | Devices to empower those living with disabilities and promote independent living   |
| Illinois DHS Office of Rehabilitation Services                   | 1429 South Maine Street   | Jacksonville, IL 62650 | (217) 245-9585  | <a href="http://www.dhs.state.il.us/page.aspx?item=29736">http://www.dhs.state.il.us/page.aspx?item=29736</a>                                     | Guidance Counseling, Physical restoration, Vocational training/retraining, job placement, & scholarships for anybody with a disability which interferes with employment. The Home Services Program helps people with disabilities find ways to live in their own home rather than an institution.  |

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| Springfield Center for Independent Living  | 330 S. Grand Avenue West  | Springfield, IL 62704                         | (217) 523-2587   | <a href="http://www.scil.org/">http://www.scil.org/</a>   | Personal Assistant Training, Vocational Services Program, Housing Assistance, Accessibility, Benefits Counseling, Community Reintegration, Personal Advocacy, Youth Transition Services, Volunteer Opportunities, IL Skills-Training, Peer Counseling, Low Vision Equipment, Technology Assistance, Register to Vote  |
| United Cerebral Palsy  | 101 N 16th St.  | Springfield, IL 62703                         | (217) 525-6522   | <a href="http://ucplf.org">http://ucplf.org</a>   | UCP works to enact real change—to revolutionize care, raise standards of living and create opportunities—impacting the lives of millions living with disabilities. For more than 60 years, UCP has worked to ensure the inclusion of individuals with disabilities in every facet of society. <a href="https://www.facebook.com/pages/United-Cerebral-Palsy-Land-of-Lincoln/162984850405">https://www.facebook.com/pages/United-Cerebral-Palsy-Land-of-Lincoln/162984850405</a>           |
| <b>Domestic Violence, Sexual Assault &amp; Human Trafficking Victims' Support Services</b> | <b>See Also: Rutledge Youth Foundation (Teens/Youth); The Salvation Army (Family Assistance); Elizabeth Ann Seton Program (Family Assistance)</b> |   |  |   |   |
| Grounds of Grace (Human Trafficking)   | P.O. Box 13472  | Springfield, IL 62791                         | (314) 472-5942   | <a href="http://www.groundsofgrace.com">www.groundsofgrace.com</a>  | Call if you or someone you know has been (or is being) forced to perform labor (sex or otherwise) they do not wish to do. In emergency, call 911  |
| Illinois Domestic Violence Helpline  |   |   | 1(877) 863-6338  | <a href="http://www.dhs.state.il.us/page.aspx?item=30275">http://www.dhs.state.il.us/page.aspx?item=30275</a>   | Call if you or someone you know is being hit/hurt. In emergency, call 911   |
| Illinois Rescue & Restore (Human Trafficking)  | Metropolitan Family Services  | Chicago, IL                                   | (312) 793-7342   | <a href="https://www.acf.hhs.gov/otip/rescue-restore-regional-program-grantees">https://www.acf.hhs.gov/otip/rescue-restore-regional-program-grantees</a>                     | Call if you or someone you know has been (or is being) forced to perform labor (sex or otherwise) they do not wish to do. In emergency, call 911  |
| National Human Trafficking Resource Center   |   |   | 1(888) 3737-888  | <a href="https://humantraffickinghotline.org/">https://humantraffickinghotline.org/</a>   | Call if you or someone you know has been (or is being) forced to perform labor (sex or otherwise) they do not wish to do. In emergency, call 911  |
| Partner Abuse Intervention Services  | 1314 S 8th St   | Springfield, IL 62703                         | (217) 528-0461   | <a href="http://www.dhs.state.il.us/page.aspx?module=12&amp;item=27893&amp;officeid=2713">http://www.dhs.state.il.us/page.aspx?module=12&amp;item=27893&amp;officeid=2713</a> | Call if you or someone you know his being hit/hurt by (or hurting) their significant other/partner/spouse/etc. In emergency, call 911   |
| Prairie Center Against Sexual Assault  | 3 West Old State Capitol Plaza Suite 206  | Springfield, IL 62701                         | 24-HOUR HOTLINE (217) 753-8081; Office: (217) 744-2560 | <a href="http://www.prairiecasa.org/">http://www.prairiecasa.org/</a>   | Call if you or someone you know has been (or is being) sexually assaulted, harassed or raped. In emergency, call 911  |
| RAINN (Rape, Abuse, & Incest National Network)   |   |   | National Sexual Assault Hotline: 1(800) 656-HOPE(4673) | <a href="https://ohl.rainn.org/online/">https://ohl.rainn.org/online/</a>   | Online Chat available at <a href="https://ohl.rainn.org/online/">https://ohl.rainn.org/online/</a> Call if you or someone you know has been (or is being) sexually assaulted, harassed or raped. In emergency, call 911   |
| Sangamon County Child Advocacy Center  | 1101 East Monroe  | Springfield, IL 62701                         | (217) 522-2241   | <a href="https://co.sangamon.il.us/departments/a-c/child-advocacy-center">https://co.sangamon.il.us/departments/a-c/child-advocacy-center</a>                                 | Call if a child you know has been (or is being) sexually assaulted, harassed or raped. In emergency, call 911.  |
| Sojourn Shelter & Services, Inc  | Menard County Contact: Cathy Tapscott: Menard County Courthouse, 102 South 7th Street. or Shelter: 1800 Westchester Blvd                          | Petersburg, IL 62675 or Springfield, IL 62704 | 24 Hour Hotline: (217) 726-5200; Office (217) 726-5100 | <a href="http://www.sojournshelter.org/">http://www.sojournshelter.org/</a>   | Call if you or someone you know is being hit/hurt. In emergency, call 911   |
| The National Domestic Violence Hotline   | N/A   | N/A   | 1(800) 799-7233  | <a href="http://www.thehotline.org">www.thehotline.org</a>  | Phone and live chat advice, referrals, & resources for people (and pets) who are in, or survived, violent situations. Call if you or someone you know is being hit/hurt. In emergency, call 911   |
| <b>Education &amp; School Supplies</b>   | <b>See Also: MCHA (Housing -Permanent)</b>  |   |  |   |   |
| Fishes & Loaves Outreach   | 2937 Stanton Street Suite A   | Springfield, IL 62703                         | (217) 529-3333   | <a href="https://www.fishesnloaves.org/">https://www.fishesnloaves.org/</a>   | Training & Job Search Assistance for future Certified Nurse Assistants & Personal Care Assistants. By Appointment Only  |
| Hands-On Health Care   | Location Differs by class   |   | N/A  | <a href="https://jobs.choosememorial.org/students/hands-on-healthcare/">https://jobs.choosememorial.org/students/hands-on-healthcare/</a>                                     | Classes, demo's & seminars for people interested in learning more about working in the medical field. Program by Memorial Health System & SIU School of Medicine. Register via website  |
| Heartland Community College  | 2201 Woodlawn Rd  | Lincoln, IL 62656                             | (217) 735-1731   | <a href="https://www.heartland.edu/">https://www.heartland.edu/</a>   | Lincoln.Center@heartland.edu On Campus Programs, Online Programs. In Lincoln, you can: -Earn an associate degree for a smooth transition to a four-year institution. -Find options that prepare you for a new career or a better job in your existing field. -Take tuition-free classes to prepare for the GED exam. -Enroll in classes for personal enrichment and professional development.   |
| Illinois College   | 1101 West College Avenue  | Jacksonville, IL 62650                        | (217) 245-3000   | <a href="https://www.ic.edu/">https://www.ic.edu/</a>   | Illinois College is a small residential liberal arts college offering exceptional education at an affordable cost on a safe and beautiful campus. For over 180 years, Illinois College has prepared young men and women for lives of leadership and service.  |
| Lawrence Education Center  | 101 East Laurel   | Springfield, IL 62704                         | (217) 525-3233   | <a href="http://www.sps186.org/schools/lawrence/">http://www.sps186.org/schools/lawrence/</a>   | Adult Basic Education, Adult Secondary Education, High School Equivalency preparation, Adult High School Diploma, Vocational Skills education and training, along with career exploration and transitional activities for students age 16 and older. Students have opportunities to explore careers and career pathways, learn employability and job survival skills, develop leadership skills, learn financial literacy skills, and earn skills leading to a certificate or credential. |
| Lincoln Land Community College   | 5250 Shepherd Road  | Springfield, IL 62704                         | (217) 786-2292   | <a href="http://www.llcc.edu/student-services/admission/">http://www.llcc.edu/student-services/admission/</a>   | Adult basic education/GED classes (217) 786-2349, Free private tutoring on a one-on-one basis, Vocational skills training, associate's degrees, etc. Students may get additional assistance from TRIO Student Support Services (SSS) (search TRIO on website)   |
| MacMurray College  | 447 East College Avenue   | Jacksonville, IL 62650                        | 800-252-7485 217-479-7056                              | <a href="https://www.mac.edu/">https://www.mac.edu/</a>   | On Campus Programs, Online Programs   |

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| Midwest Technical Institute                                  | 2731 N. Farmers Market Rd.   | Springfield, IL 62707                     | 1(800) 814-5124                  | <a href="https://www.midwesttech.edu/campuses/springfield-il/">https://www.midwesttech.edu/campuses/springfield-il/</a>         | Midwest Technical Institute is a for-profit college in Springfield, providing courses in the mechanical trades, health care, cosmetology, and commercial driving fields.   |
| Pearson GED Testing Lab                                      | Regional Office of Education -Jacksonville<br>110 North West St.           | Jacksonville, IL 62650                    | (217) 243-1804                   | <a href="https://app.ged.com/portal2#/home">https://app.ged.com/portal2#/home</a>   | Official GED Testing Site. Official GED Testing Site. Registration: Candidates must register online to take the GED® Tests. One can begin the registration process by going to <a href="http://ged.com">ged.com</a> and selecting any approved Pearson VUE GED® location. Cost: The cost to take the GED® Test is \$30 for each content area. Testing fees must be paid at the time of registration.   |
| Pearson GED Testing Lab                                      | Heartland Community College -Lincoln<br>2201 Woodlawn Rd.                  | Lincoln, IL 62656                         | (217) 735-1731                   | <a href="https://app.ged.com/portal2#/home">https://app.ged.com/portal2#/home</a>   | Official GED Testing Site. Registration: Candidates must register online to take the GED® Tests. One can begin the registration process by going to <a href="http://ged.com">ged.com</a> and selecting any approved Pearson VUE GED® location. Cost: The cost to take the GED® Test is \$30 for each content area. Testing fees must be paid at the time of registration.  |
| Pearson GED Testing Lab                                      | Sangamon County Regional Office of Education<br>2201 South Dirksen Parkway | Springfield, IL 62703                     | (217) 753-6620                   | <a href="https://www.roe51.org/">https://www.roe51.org/</a>   | Official GED Testing Site. Registration: Candidates must register online to take the GED® Tests. One can begin the registration process by going to <a href="http://ged.com">ged.com</a> and selecting any approved Pearson VUE GED® location. Cost: The cost to take the GED® Test is \$30 for each content area. Testing fees must be paid at the time of registration.  |
| Sangamon-Menard Regional Office of Education                 | 2201 S Dirksen Parkway   | Springfield, IL 62703                     | (217) 753-6620                   | <a href="http://www.roe51.org">www.roe51.org</a>  | Family Yellow Pages, Homeschooling info, Homeless Education, Pearson VUE GED® Testing, Illinois High School Equivalency, ROE #51 Safe School, Truancy, Sangamon County Learning Academy, Work Permits  |
| Southern Illinois University School of Medicine              | 801 N Rutledge St  | Springfield, IL 62702                     | 1(800) 342-5748; (217) 545-8000  | <a href="http://www.siumed.edu/">http://www.siumed.edu/</a>   | Medical School   |
| Spoon River College  | 23235 N County Highway 22  | Canton IL 61520                           | (309) 647-4645                   | <a href="http://www.src.edu/">http://www.src.edu/</a>   | Adult basic education/GED classes (217) 786-2349, Free private tutoring on a one-on-one basis, Vocational skills training, associate's degrees, etc  |
| Springfield Urban League                                     | 100 North Eleventh Street  | Springfield, IL 62703                     | (217) 789-0830                   | <a href="http://www.springfieldul.org/">http://www.springfieldul.org/</a>   | Workforce and Economic Empowerment for African-American parents, plus education for both parents and children, also, Health Initiatives. A Head Start and Early Head Start provider!   |
| University of Illinois at Springfield                        | 1 University Plaza   | Springfield, IL 62703                     | (217) 206-6600                   | <a href="http://www.uis.edu">www.uis.edu</a>  | On Campus Programs, Online Programs  |
| <b>Employment</b>  | <b>See Also: Elizabeth Ann Seton Program (Family)</b>                      |   |                                  |   |  |
| Alice Campbell's Staffing                                    | 2121 West White Oaks Drive Suite D   | Springfield, IL 62704                     | (217) 793-5522                   | <a href="https://www.acstaffing.com/">https://www.acstaffing.com/</a>   | Temporary Employment Agency. Computer literacy tutorials on website.   |
| Express Employment Professionals                             | 3000 Professional Drive  | Springfield, IL 62703                     | (217) 528-3000                   | <a href="https://expresspros.com/springfieldil/">https://expresspros.com/springfieldil/</a>                                     | Temporary Employment Agency. Both full-time and temporary placements.  |
| Goodwill Job & Career Support                                | 1220 Outer Park Drive  | Springfield IL 62704                      | (217) 789-0400                   | <a href="http://lgi.org">lgi.org</a>  | Laura Kuhl Career Coach of Springfield. Assistance with applying for jobs, resume writing, & job skills. Job readiness workshops.  |
| Illinois Department of Employment Security                   | 1300 South 9th Street  | Springfield, IL 62703                     | (217) 782-3846                   | <a href="http://www.ides.illinois.gov/Pages/default.aspx">http://www.ides.illinois.gov/Pages/default.aspx</a>                   | Unemployment claims, job placement services, job listings, Business directories, Welfare to work tax credits   |
| Illinois WorkNet Center & Land of Lincoln Workforce Alliance | 1300 South 9th Street  | Springfield, IL 62703                     | (217) 524-5996                   | <a href="http://www.worknet20.org">www.worknet20.org</a> ; <a href="http://www.illinoisjoblink.com">www.illinoisjoblink.com</a> | Assistance with applying for jobs, unemployment benefits, resume writing, & job skills by appointment. Job readiness workshops. Also offer scholarship program and on-the-job training program.  |
| Kelly Services   | 3001 Montvale Dr STE B   | Springfield, IL 62704                     | (217) 793-1226                   | <a href="https://www.kellyservices.com/">https://www.kellyservices.com/</a>   | Temporary Employment Agency  |
| Manpower   | 2719 West Monroe Suite A   | Springfield, IL 62704                     | (217) 528-2323                   | <a href="http://manpowerillinois.com/">http://manpowerillinois.com/</a>   | Temporary Employment Agency  |
| US Air Force   | Armed Forces Career Center: 3142 W White Oaks Drive, STE D                 | Springfield, IL 62704                     | (217) 787-4084                   | <a href="http://www.airforce.com">www.airforce.com</a>  | Training & Employment with Benefits!   |
| US Army  | Armed Forces Career Center: 3142 W White Oaks Drive, STE D                 | Springfield, IL 62704                     | 1(877) 858-0673                  | <a href="http://www.goarmy.com">www.goarmy.com</a>  | Training & Employment with Benefits!   |
| US Coast Guard   | 10712 W. Florissant Ave.   | Ferguson, MO 63136                        | 1(314) 521-3845                  | <a href="https://www.gocoastguard.com/">https://www.gocoastguard.com/</a>   | Training & Employment with Benefits! <a href="http://m.facebook.com/roslouis/">http://m.facebook.com/roslouis/</a>   |
| US Marine Corps  | Armed Forces Career Center: 3142 W White Oaks Drive, STE D                 | Springfield, IL 62704                     | 800-MARINES                      | <a href="http://www.marines.com">www.marines.com</a>  | Training & Employment with Benefits!   |
| US National Guard  | Camp Lincoln 1301 N. MacArthur Blvd  | Springfield, IL 62702                     | 1-800-GO-GUARD                   | <a href="http://www.nationalguard.com">www.nationalguard.com</a>  | Training & Employment with Benefits!   |
| US Navy  | Armed Forces Career Center: 3142 W White Oaks Drive, STE D                 | Springfield, IL 62704                     | (217) 787-6433                   | <a href="http://www.navy.com">www.navy.com</a>  | Training & Employment with Benefits!   |
| <b>Family Services</b>                                       |  |   |                                  |   |  |
| Catholic Charities   | 120 South 11th St  | Springfield, IL 62703                     | (217) 523-4551                   | <a href="https://cc.dio.org/locations/springfield/">https://cc.dio.org/locations/springfield/</a>                               | Emergency financial assistance for rent & utilities, food, medicine; Immigration Services; Holy Family Food Pantry; Mobile Food Pantry   |
| Community Action Partnership of Central Illinois             | 216 E. Sangamon Street or 1800 5th Street                                  | Petersburg, IL 62675 or Lincoln, IL 62656 | (217) 501-8061 or (217) 732-2159 | <a href="http://www.capcil.info">www.capcil.info</a>  | Early Head Start Home Based: Birth to 3, Hand Up Project offering self sufficiency classes over an 8-12 week course, these classes are available once a year in the county, Food Pantry is open on Tuesdays from 1-3 PM at the Menard CAP office, Client Kiosk is available on Tuesdays from 1-3 (appointments can be requested), LIHEAP from October 1st - May 31st **Clients must call the Corporate office for assistance/appointments @ 217-732-2159 |

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|--|------------------------------------|-----------------------|--|---|---|
| Dial 2-1-1   | Phone Only                         | Phone Only            | 1(888) 865-9903  | <a href="http://springfieldunitedway.org/united-way-2-1-1-get-connected-get-answers/#.W6KU7M5Kjcc">http://springfieldunitedway.org/united-way-2-1-1-get-connected-get-answers/#.W6KU7M5Kjcc</a>   | Fast, free and confidential help for health and human service resources. For the general public, not just families!   |
| Elizabeth Ann Seton Program (For Women with Children)  | 700 N. 7th Street, Suite C         | Springfield, IL 62702 | (217) 757-6025   | <a href="http://www.elizabethannsetonprogram.org">http://www.elizabethannsetonprogram.org</a>   | Mentoring Support, Educational Classes on topics such as parenting, nutrition, health and finances, Practical Assistance with basic needs such as diapers, wipes, soap, shampoo, conditioner, laundry soap, toilet paper, cleaning supplies, Employment Assistance, Assistance in finding housing, Domestic Violence Counseling, Transportation   |
| Family Service Center  | 730 E Vine                         | Springfield, IL 62703 | (217) 528-8406   | <a href="http://www.service2families.com/">http://www.service2families.com/</a>   | Adoption services for birth parents, children and adoptive parents; Foster Care Services for children and fostering parents; counseling for families  |
| IDCFS (Illinois Department of Child & Family Services)                                       | 406 East Monroe Station 30         | Springfield, IL 62701 | 1(800) 252-2873 Child Abuse Hotline; (877) 746-0829 Day Care Info; (800) 232-3798 Youth Helpline | <a href="https://www2.illinois.gov/dcfs/Pages/default.aspx">https://www2.illinois.gov/dcfs/Pages/default.aspx</a>   | Child Protective Services, Child Welfare Services, etc  |
| Illinois DHS (Department of Human Services) Family Community Resource Center of Logan County | 1550 4th Street                    | Lincoln, IL 62656     | (217) 735-2306   | <a href="http://www.dhs.state.il.us">www.dhs.state.il.us</a>  | Medical Cards, TANF, AABD, SNAP, Medical Assistance/Transportation, Dental  |
| Illinois DHS (Department of Human Services) Family Community Resource Center of Mason County | 323 West Main Street               | Havana, IL 62644      | (309) 543-3329   | <a href="http://www.dhs.state.il.us">www.dhs.state.il.us</a>  | Medical Cards, TANF, AABD, SNAP Medical Assistance  |
| Lutheran Child & Family Services   | 620 North Walnut Street            | Springfield, IL 62702 | (217) 544-4631   | <a href="http://www.lcfs.org">www.lcfs.org</a>  | Adoption; Foster Care; Individual, Marital and Family Counseling; Birth Parent Services; Family Life Education  |
| Menard County Community Services   | 102 South 7th Street               | Petersburg, IL 62675  | (217) 632-4412   | <a href="http://www.menardcountyil.com">www.menardcountyil.com</a>  | General Assistance, Emergency Assistance, Senior Health Insurance Program (SHIP), Senior Transportation. For the general public, not just families!   |
| Primed for Life  | 816 South College Street           | Springfield, IL 62704 | (217) 789-2980   | <a href="http://www.primed4life.org">http://www.primed4life.org</a>   | Case Management, Coaching, Counseling, Direct Client Support, Court Advocacy, Development Training, Housing Assistance, Life Skills/Empowerment Training, Mentoring, Youth Advisory Board, Community Outreach, Transportation Assistance, Work Readiness  |
| Sangamon County Department of Community Resources  | 2833 S. Grand Ave. East Suite C100 | Springfield, IL 62703 | (217) 535-3120   | <a href="https://co.sangamon.il.us/departments/a-c/community-resources">https://co.sangamon.il.us/departments/a-c/community-resources</a>   | The Sangamon County Department of Community Resources strives to improve the quality of life for people with low incomes in Sangamon County through department programs, services and referrals that promote stability and/or self-determination.   |
| The Parent Place   | 314 S Grand Ave West               | Springfield, IL 62704 | (217) 753-8730; (217) 753-8730 x100  | <a href="http://www.tppos.org/">http://www.tppos.org/</a>   | Court Advocacy, Relatives As Parents Network (RAPN), Tantrums Workshop, 1-2-3 Magic, Potty Training Workshop, Individualized Family Coaching (IFC), Support Groups.   |
| The Salvation Army, Springfield, IL Corps Community Center                                   | 1600 E. Clear Lake Ave             | Springfield, IL 62703 | (217) 525-2196   | <a href="https://centralusa.salvationarmy.org/springfield">https://centralusa.salvationarmy.org/springfield</a>   | For Menard county residents: referrals & information. Sangamon County Residents ONLY: Boys' & Girls' Club, Camping Activities, Casework Services, Character Building Programs, Christian Education, Emergency Financial Assistance, Emergency Shelter, Food & Nutrition Programs, Men's Ministries, Residential Camping Activities, Seasonal Services, Visitation Services, Women's Ministries, Worship Services for residents of Sangamon County ONLY. For Menard county residents: referrals & information. |
| <b>Fitness &amp; Exercise</b>  |                                    |                       |  |   |   |
| Anytime Fitness - Springfield  | 2705 North Dirksen Pkwy            | Springfield, IL 62702 | (217) 523-1541   | <a href="https://www.anytimefitness.com/gyms/2412/Springfield-IL-62702/?utm_source=google&amp;utm_medium=local&amp;utm_campaign=localmaps&amp;utm_content=2412">https://www.anytimefitness.com/gyms/2412/Springfield-IL-62702/?utm_source=google&amp;utm_medium=local&amp;utm_campaign=localmaps&amp;utm_content=2412</a> | Gym Amenities: 24-HOUR ACCESS, 24-HOUR SECURITY, CONVENIENT PARKING, WORLDWIDE CLUB ACCESS, PRIVATE RESTROOMS, PRIVATE SHOWERS, HDTVS, HEALTH PLAN DISCOUNTS, TREADMILLS, ELLIPTICALS, CROSS-TRAINERS, STAIR CLIMBERS, SPIN BIKES, CARDIO TVS, EXERCISE CYCLES, ROWING MACHINES, FREE WEIGHTS, SQUAT RACKS, PLATE LOADED CIRCUIT/SELECTORIZED DUMBBELLS, KETTLEBELLS, TRX, PERSONAL TRAINING  |
| Cunningham's Ugottawanna Martial Arts & Family Fitness Center                                | 210 S 7th Street                   | Petersburg, IL 62675  | (217) 899-3677   | <a href="https://www.ugottawannamartialarts.com/">https://www.ugottawannamartialarts.com/</a>   | LawoftheFistIII@aol.com   |
| P.O.R.T.A. Pool -Open Swim   | 17651 Bluejay Road                 | Petersburg, IL 62675  | (217) 632-4745   | <a href="https://www.porta202.org/apps/pages/index.jsp?uREC_ID=807743&amp;type=d&amp;pREC_ID=1195144">https://www.porta202.org/apps/pages/index.jsp?uREC_ID=807743&amp;type=d&amp;pREC_ID=1195144</a>   | Adults \$4.25, Students \$3.50, Children 3 and under = free. Private rental is available by contacting Rachel Frost (217) 632-4745.   |
| Planet Fitness - Springfield   | 1756 Wabash Ave                    | Springfield, IL 62704 | (217) 546-4910   | <a href="https://www.planetfitness.com/gyms/springfield-wabash-ave-il">https://www.planetfitness.com/gyms/springfield-wabash-ave-il</a>   | AMENITIES: HydroMassage beds offer a relaxing massage experience. Tanning, Massage Chairs. Free Fitness Training: Take a small group fitness class, check out our 30-minute express circuit or create a customized workout plan. It's all free!   |
| Route 29 Fitness   | 1007 Zepher Drive                  | Athens, IL 62613      | (217) 636-7901   | <a href="https://www.route29fitness.com/">https://www.route29fitness.com/</a>   | Classes, Personal Training, Basketball Court, Dry Sauna, Supplement Sales & Tanning   |
| Snap Fitness - Sherman   | 131 Illini Drive                   | Sherman, IL 62684     | (217) 381-4951   | <a href="https://www.snapfitness.com/us/gyms/sherman-il/">https://www.snapfitness.com/us/gyms/sherman-il/</a>   | Access to state-of-the-art strength and cardio equipment  |
| Snap Fitness - Springfield West  | 1929 West Iles Road                | Springfield, IL 62704 | (217) 546-3655   | <a href="https://www.snapfitness.com/us/gyms/springfield-west-il/">https://www.snapfitness.com/us/gyms/springfield-west-il/</a>   | Access to state-of-the-art strength and cardio equipment  |
| Yoga with Thelma   | St Paul Church<br>320 W Douglas    | Petersburg, IL 62675  | Yogawiththelma@gmail.com   | <a href="https://www.facebook.com/YogaWithThelma/">https://www.facebook.com/YogaWithThelma/</a>   | \$10 per person per class. All welcome.   |

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| Zumba & Yoga Fitness with Julie                             | Community Room at 113 Antle Street  | Petersburg, IL 62675   | (217) 415-2272                                | <a href="https://www.facebook.com/Zumba-Fitness-with-Julie-179667328721676/">https://www.facebook.com/Zumba-Fitness-with-Julie-179667328721676/</a>   | Zumba class first and Yoga right after! Prepay = \$6 for both. If you do a walk in rate it's \$10 for both.   |
| <b>Food Programs</b>  | See Also: Catholic Charities (Family); Contact Ministries (Housing -Emergency); The Salvation Army (Housing -Emergency); St Martin De Porres Center (Clothing & Furniture)  |                        |   |   |   |
| Athens Food Pantry  | 1112 Zepher Drive   | Athens, IL 62613       | (217) 341-1894                                | <a href="https://www.foodpantries.org/ci/il-athens">https://www.foodpantries.org/ci/il-athens</a>   | Food Pantry   |
| Greenview Food Pantry                                       | 114 North Engle Street PO Box 42  | Greenview, IL 62642    | (217) 968-7062 Main; (217) 968-5323 Emergency | <a href="https://networks.whyhunger.org/organization/view/13154">https://networks.whyhunger.org/organization/view/13154</a>   | Food Pantry   |
| Washington Street Mission                                   | 408 N 4th Street  | Springfield, IL 62702  | (217) 544-9011                                | <a href="https://www.washingtonstreetmission.org/">https://www.washingtonstreetmission.org/</a>   | Cafe: coffee, food (pastries, cereal, etc.); Free laundry services & showers 7-11am; free clothing (Women & Children Tuesdays 10:00-11:00 am, Men Thursdays 10:00-11:00 am)   |
| <b>Hearing &amp; Ears</b>                                   | See Also: Athens Lions Club (Blind & Visually Impaired), DHS (Family); Illinois Assistive Technology Program (Disability Services); Illinois Department on Aging (Senior Services); Springfield Center for Independent Living (Disability Services) |                        |   |   |   |
| Audiology Department at Springfield Clinic Main Campus West | 1025 South 6th Street   | Springfield, IL 62703  | (217) 528-7541                                | <a href="https://www.springfieldclinic.com/maincampus#location_75">https://www.springfieldclinic.com/maincampus#location_75</a>   | Hearing evaluations, Hearing testing, Hearing screenings for children and adults, Proper fitting, Testing of hearing aids, Repair of hearing aids, Fitting of tinnitus makers   |
| Illinois Deaf and Hard of Hearing Commission                | 528 S. Fifth Street, Suite 209  | Springfield, IL 62701  | 1(877) 455-3323; VTDD (217) 557-4495          | <a href="https://www2.illinois.gov/idhhc/Pages/default.aspx">https://www2.illinois.gov/idhhc/Pages/default.aspx</a>   | IDHHC's core functions are to: -Promote independence for individuals with a hearing loss; -Increase quality and number of sign language interpreters and CART providers; -Provide educational awareness regarding hearing loss; and -Provide statewide resources.   |
| Illinois School for the Deaf                                | 125 Webster Avenue  | Jacksonville, IL 62650 | (217) 479-4200                                | <a href="http://www.illinoisdeaf.org/">http://www.illinoisdeaf.org/</a>   | Counseling, Family Training, Education, etc. Residential/day school for students who are deaf or hearing impaired; provides accredited educational and related services for preschool, elementary and high school children  |
| Illinois Telecommunications Access Corporation (ITAC)       | 3001 Montvale Drive D   | Springfield, IL 62704  | (217) 698-4170                                | <a href="https://www.icc.illinois.gov/consumer/itac.aspx">https://www.icc.illinois.gov/consumer/itac.aspx</a>   | ITAC is a not-for-profit corporation organized to represent local telephone companies in Illinois, and some fixed or non-nomadic VoIP providers. ITAC provides assistive telecommunications equipment on a loan and voucher basis capable of servicing the needs of subscribers who are certified as permanently Deaf, Deaf-Blind, Speech disabled or Hard-of-Hearing as well as training on its use. ITAC also provides Telecommunications Relay Service (TRS) under contract with Sprint. TRS allows specially trained Communications Assistants (CA) to relay conversations over the telephone between a person using assistive telecommunications equipment and a person who uses a voice telephone.  |
| Memorial's Hearing Center                                   | 644 North 2nd Street  | Springfield, IL 62781  | (217) 788-3767                                | <a href="http://www.memorialmedical.com/services/hearingcenter">www.memorialmedical.com/services/hearingcenter</a>  |   |
| <b>Housing -Emergency (ie shelters)</b>                     | See Also: Housing(Permanent); Sojourn (Domestic Violence); Youth Service Bureau (Teens/Youth)   |                        |   |   |   |
| Contact Ministries  | 1100 East Adams   | Springfield, IL 62703  | (217) 753-3939                                | <a href="http://www.contactministries.com/">http://www.contactministries.com/</a>   | Emergency Shelter for Women with or without Children; Transitional (up to 6 months) shelter for women with children. Housing/Rental Assistance; Seasonal Programs; Senior Medical/Prescription Assistance; Clothing and Household Items: free boutique open to Women on Wednesdays and Men on Tuesdays from 9:30-11:45 am. Case management & referrals. Volunteer Opportunities. Red carts with overflow free clothes outside the main lobby daily, free hygiene/personal care kits daily, prescription assistance, emergency travel assistance, & rent/utility assistance as funds available, blankets & coats daily (winter), Uniforms & school supplies daily as available, 100 Thanksgiving food baskets, 500+ families get toys, food, hats/gloves & hygiene items for Christmas |
| Fifth Street Renaissance & SARA Center                      | 1315 North 5th Street PO Box 5181   | Springfield, IL 62702  | (217) 544-5040                                | <a href="http://www.fsr-sara.org/programs/">http://www.fsr-sara.org/programs/</a>   | Emergency and Long Term Shelters, Food, Clothing, etc for low income, disabled, homeless, children, HIV+, etc. SARA Center = AIDS/HIV counseling. info@fsr-sara.org. SARA Center: Youth Group: 6:00-9:00 Fridays; Transgender Support Group: 6:30-8:00 3rd Thurs; Parents of Transgender Children 6:30-8:00 1st Mon; Positive Change Group (Living with HIV) 6:00-7:30 Last Thurs   |
| Helping Hands of Springfield                                | 1023 E Washington   | Springfield, IL 62703  | (217) 522-0048                                | <a href="http://www.helpinghandsofspringfield.org/">http://www.helpinghandsofspringfield.org/</a>   | Men's homeless shelter, meals, showers, laundry, toiletries, referrals for clothing, counselor on duty, assistance with obtaining ID's, birth certificates & Social Security, one-time assistance with prescriptions. To be eligible for a bed at the Helping Hands shelter, the client must: • Be a male • Be at least 18 years old • Be physically and mentally stable (can move around, shower, get in and out of bed without help, etc.) • Have photo ID • Not be on the sex offender registry • Be free of alcohol and other drugs • Arrive at the shelter no later than 4:30pm.   |
| Inner City Mission  | 714 N 7th Street  | Springfield, IL 62702  | (217) 525-3940                                | <a href="http://www.innercitymission.net">www.innercitymission.net</a>  | Homeless shelter, food, clothes, education & counseling. Almost always full -must call daily/weekly to ask about openings.  |
| The Salvation Army, Springfield, IL Emergency Shelter       | 1600 East Clear Lake Ave  | Springfield, IL 62703  | (217) 525-2196                                | <a href="https://centralusa.salvationarmy.org/springfield">https://centralusa.salvationarmy.org/springfield</a>   | Emergency Shelter, Food & Nutrition programs  |
| <b>Housing -Permanent &amp; Mortgage/Finance Guidance</b>   | See Also: Housing -Emergency; Catholic Charities (Family); Elizabeth Ann Seton Program (Family)   |                        |   |   |   |
| Cass County Housing Authority                               | Highways 67 & 125 9 Otto Turner Drive   | Beardstown, IL 62618   | (217) 323-1501                                | <a href="https://affordablehousingonline.com/housing-authority/illinois/The-Housing-Authority-of-the-County-of-Cass-IL/IL102">https://affordablehousingonline.com/housing-authority/illinois/The-Housing-Authority-of-the-County-of-Cass-IL/IL102</a> | Provides rental and homeownership opportunities to low and moderate income individuals and/or families  |
| D.A.K. Management Co, Inc                                   | Headquarters: 1020 Lincoln Ave  | Fennimore, WI          | 1(608) 822-7368                               | <a href="https://www.dakgroup.org/central-il">https://www.dakgroup.org/central-il</a>   | Apartments in Menard County (Subsidized Rent?)  |

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|---|---|------------------------|--|---|--|
| Decatur Housing Authority   | 1808 East Locust Street   | Decatur, IL 62521      | (217) 423-7711   | <a href="http://www.decaturhousing.com/">http://www.decaturhousing.com/</a>   | Provides rental and homeownership opportunities to low and moderate income individuals and/or families   |
| Lincoln-West Apartments   | 2205 S Perryville Rd #170   | Rockford, IL 61108     | 1(815) 968-7777  |   | Subsidized apartments in Petersburg on Lincoln Ave   |
| Logan County Housing Authority  | 1028 North College Street   | Lincoln, IL 62656      | (217) 732-7776   | <a href="https://affordablehousingonline.com/housing-authority/illinois/Logan-County-Housing-Authority/IL040">https://affordablehousingonline.com/housing-authority/illinois/Logan-County-Housing-Authority/IL040</a>   | Provides rental and homeownership opportunities to low and moderate income individuals and/or families   |
| M.E.R.C.Y. Communities, Inc   | 1344 N 5th Street   | Springfield, IL 62702  | (217) 753-1358   | www.mercycommunities.org  | Transitional living program providing stable housing and intensive support services to women and children, Not and emergency shelter. Requires and application process that takes approx 4-6 weeks. 24 hour phone service to schedule appointment.   |
| Mason County Housing Authority  | 201 East Hurst  | Havana, IL 62644       | (309) 210-0111   | <a href="https://affordablehousingonline.com/housing-authority/illinois/Mason-County-Housing-Authority/IL042">https://affordablehousingonline.com/housing-authority/illinois/Mason-County-Housing-Authority/IL042</a>   | Provides rental and homeownership opportunities to low and moderate income individuals and/or families   |
| Menard County Housing Authority (MCHA)  | 101 W Sheridan Ave P.O. Box 168   | Petersburg, IL 62675   | (217) 632-7723   | <a href="http://www.menardcha.org/">http://www.menardcha.org/</a>   | Housing Assistance, HUD Certified Housing Counseling, Emergency Assistance/Salvation Army, Menard Caring, Friend in Need, Financial Coaching, Food Pantry & Diaper Bank, School Supplies, Summer Fan Program, etc  |
| Morgan County Housing Authority   | 301 West Beecher  | Jacksonville, IL 62650 | (217) 243-3338   | <a href="https://affordablehousingonline.com/housing-authority/illinois/Morgan-County-Housing-Authority/IL079">https://affordablehousingonline.com/housing-authority/illinois/Morgan-County-Housing-Authority/IL079</a> | Provides rental and homeownership opportunities to low and moderate income individuals and/or families   |
| Near North Village  | 401 East Jefferson St   | Springfield, IL 62701  | (217) 525-2505   |   | Subsidized? housing for elderly (62 & older) and disabled. Secondary preference for near elderly (50 & older)  |
| Pekin Housing Authority   | 1901 Broadway   | Pekin, IL 61554        | (309) 346-7996   | <a href="http://pekinhousingauthority.com/">http://pekinhousingauthority.com/</a>   | Provides rental and homeownership opportunities to low and moderate income individuals and/or families   |
| Peoria Housing Authority  | 100 S Richard Pryor Place   | Peoria, IL 61605       | (309) 676-8736   | <a href="http://www.peoriahousing.org/">http://www.peoriahousing.org/</a>   | Provides rental and homeownership opportunities to low and moderate income individuals and/or families   |
| Springfield Housing Authority   | 200 North 11th Street   | Springfield, IL 62703  | (217) 753-5757   | <a href="http://springfieldhousingauthority.org/">http://springfieldhousingauthority.org/</a>   | Provides rental and homeownership opportunities to low and moderate income individuals and/or families   |
| <b>Legal</b>  | <b>See Also: Catholic Charities (Family)</b>  |                        |  |   |  |
| Charles K. Smith, Attorney At Law   | 113 E Douglas   | Petersburg, IL 62675   | (217) 632-7750   | None  | Family law, probate & estate planning. Discounts on a case by case basis.  |
| Grosboll, Becker, Tice, Barr  | 101 E Douglas   | Petersburg, IL 62675   | (217) 632-2282   | None  | General law (no bankruptcies).   |
| Illinois Department of Labor  | 900 S Spring Street   | Springfield, IL 62704  | (217) 782-6206   | <a href="https://www2.illinois.gov/idol/FAQs/Pages/default.aspx">https://www2.illinois.gov/idol/FAQs/Pages/default.aspx</a>   | Investigations of discrimination complaints  |
| Illinois Legal Aid Online   | Internet Only   | Internet Only          | N/A  | <a href="https://www.illinoislegalaid.org/get-legal-help">https://www.illinoislegalaid.org/get-legal-help</a>   | Discounted legal counseling. Formerly: Land of Lincoln Legal Assistance Foundation   |
| Land of Lincoln Legal Assistance Foundation, Inc  | 3085 Stevenson Drive, Suite 202   | Springfield, IL 62703  | (217) 529-8400   | <a href="http://lollaf.org/">http://lollaf.org/</a>   | FREE civil legal services for low-income persons and senior citizens   |
| Victim Witness Advocate for Menard County via the Menard County State's Attorney's Office | 102 S. 7th Street   | Petersburg, IL 62675   | Lisa Standley Victim Witness Advocate<br>(217) 632-2524                                    |   | Services for victims of violent crimes (ie armed robbery, arson, assault, attempted murder, battery, child abuse, sexual assault, criminal neglect to the elderly, domestic battery, battery, hate/bias, kidnapping, reckless homicide, stalking). Services include education regarding their rights and assertion of those rights; Clients shall receive timely notification of court proceedings; status of appearances; and notification of an offender's release. Plea offers will be discussed with victims prior to an agreement. Assistance will be provided with the preparation of victim impact statements; completion and filing Orders of Protection; obtaining available services thru outside resources; and restitution. Advocate support will be available for court proceedings as well as emotional support. |
| <b>Medical</b>  | <b>See Also: Catholic Charities (Family); Sangamon County Dept of Public Health (Family); Menard County Health Dept (Family); Physical Rehab Services see Sunny Acres (Senior Services); For respite care see Senior Services</b> |                        |  |   |  |
| AIDS/HIV/STD Hotline (Illinois)   | N/A   | N/A                    | English: 1-800-342-2437; Spanish: 1-800-344-7432; TTY service for the deaf: 1-800-243-7889 |   | Call if you, or someone you know, has or might have, HIV or AIDS.  |
| American Cancer Society   | 675 E Linton Ave  | Springfield, IL 62703  | (217) 523-4503   | <a href="http://www.cancer.org">www.cancer.org</a>  | Information, Support & Resources for Cancer Patients, Road to Recovery (transportation for treatment), Reach to Recovery, Education, etc   |
| Central Counties Health Centers -General Physician & Pediatrician                         | 2239 E. Cook Street   | Springfield, IL 62703  | (217) 788-2300   | <a href="http://www.centralcounties.org/">http://www.centralcounties.org/</a>   | Medicaid Accepted. Formerly: Capital Community Health Center   |

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| HSHS St. John's Children's Hospital   | 800 East Carpenter Street  | Springfield, IL 62769 | (217) 757-6394 (Admin Office); 217-544-6464 ext 30478 (Social Workers Office); (217) 545-8000 (New Patient Appointments) | <a href="http://www.sjchildrens.org">http://www.sjchildrens.org</a>   | Physician Specialists, Neonatal Intensive Care, Pediatric Unit, Pediatric Intensive Care, Pediatric Rehabilitation, Surgery, Sedation, Oncology, & Child Life Program   |
| Illinois Department of Healthcare and Family Services                       | 509 South Sixth Street   | Springfield, IL 62701 | 1(800) 843-6154  | <a href="https://www.illinois.gov/hfs/About/Pages/default.aspx">https://www.illinois.gov/hfs/About/Pages/default.aspx</a>   | The Illinois Department of Healthcare and Family Services (HFS) is responsible for providing healthcare coverage for adults and children who qualify for Medicaid, and for providing Child Support Services to help ensure that Illinois children receive financial support from both parents. HFS was formerly the Illinois Department of Public Aid.  |
| Illinois Department of Insurance  | 320 West Washington  | Springfield, IL 62767 | (217) 782-4515; 1(866) 445-5364  | <a href="http://insurance.illinois.gov/">http://insurance.illinois.gov/</a>   | Our mission is: "To protect consumers by providing assistance and information, by efficiently regulating the insurance industry's market behavior and financial solvency, and by fostering a competitive insurance marketplace." Vision Statement: "Embrace efficiency and innovation to educate and protect Illinois insurance consumers and to encourage a vital and robust Illinois insurance market"  |
| Memorial Medical Center   | 932 N. Rutledge St., 2nd Floor   | Springfield, IL 62702 | (217) 788-3000   | <a href="https://www.memorialmedical.com/">https://www.memorialmedical.com/</a>   | Physician Specialists, Neonatal Intensive Care, Pediatric Unit, Pediatric Intensive Care, Pediatric Rehabilitation, Surgery, Sedation, Oncology, & Child Life Program   |
| Menard County Medical Center (Memorial Physician Services Petersburg)       | 1 Centre Drive; PO Box 410   | Petersburg, IL 62675  | (217) 632-7761   | <a href="https://www.memorialmd.com/Locations?loc=Petersburg">https://www.memorialmd.com/Locations?loc=Petersburg</a>   | Family Medicine, On-site Lab Services, Digital X-ray Services. Affiliated with Memorial Medical Center  |
| National Poison Control Line  |  |                       | 1(800) 222- 1222   | <a href="https://www.poison.org/">https://www.poison.org/</a>   | Advice for what to do if you or someone you know ate or drank something that wasn't designed for eating/drinking. In case of emergency, call 911  |
| Planned Parenthood  | 601 N. Bruns   | Springfield, IL 62702 | (217) 546-1060   | <a href="https://www.plannedparenthood.org/health-center?location=Petersburg%2C+IL+62675%2C+USA">https://www.plannedparenthood.org/health-center?location=Petersburg%2C+IL+62675%2C+USA</a> | Abortion Services Birth Control HIV Testing LGBT Services Men's Health Care Morning-After Pill (Emergency Contraception) Pregnancy Testing & Services STD Testing, Treatment & Vaccines Women's Health Care, Emergency contraceptives   |
| Pregnancy Care Center of Springfield, Inc                                   | 700 North 7th Street Suite B   | Springfield, IL 62702 | (217) 525-5630   | <a href="http://www.springfieldpregnancycare.org">www.springfieldpregnancycare.org</a>  | Adoption Support, Counselling Services, Educational Services, Lamaze Classes, Maternal Health & Counselling Services, Newborn Care Education, Prenatal Care Education, Parenting Education, Prenatal Vitamins, Physician Referrals  |
| Sangamon-Menard County Department of Public Health                          | 2833 South Grand Avenue East   | Springfield, IL 62703 | (217) 535-3100   | <a href="https://scdph.org">https://scdph.org</a>   | Adult Services; Illinois Breast & Cervical Cancer Program; Breastfeeding & Peer Support; Diabetes; Drug Testing; Early intervention Program(Lisa McGlothlin); services for birth to three who have developmental delays; medical diagnosis that potentially leads to developmental delays and infants and toddlers at risk for developmental delays; Family Case Management; Fee Discount Eligibility; Flu Schedule & Information; Healthy Families; Immunizations; Infectious Disease Reporting; Physicals; Pregnancy Testing; Illinois Tobacco Quitline; STD Services; TB Testing |
| UIC Specialized Care for Children   | 3135 Old Jacksonville Rd   | Springfield, IL 62704 | (217) 524-2000   | <a href="https://dsc.uic.edu/">https://dsc.uic.edu/</a><br><a href="https://www.facebook.com/dsc.uic.edu">https://www.facebook.com/dsc.uic.edu</a>  | Diagnosing, care coordination plans, financing, counselling, insurance, providing a communication link between parents & doctors  |
| <b>Pest Control</b>   | See Also: Animal Control (Veterinary)  |                       |  |   |   |
| <b>Prescription Assistance &amp; Pharmacies</b>                             | See Also: Medical Assistance; Helping Hands of Springfield (Housing -Emergency); Catholic Charities (Family Assistance); Contact Ministries (Housing -Emergency) |                       |  |   |   |
| Athens Pharmacy   | 202 N. West St   | Athens, IL 62613      | (217) 636-3888   | <a href="https://www.facebook.com/athensrx/">https://www.facebook.com/athensrx/</a>   | Prescription Medications  |
| CVS Pharmacy  | 2001 West Washington   | Springfield, IL 62702 | (217) 546-8610   | <a href="https://www.cvs.com/store-locator/details-directions/6845">https://www.cvs.com/store-locator/details-directions/6845</a>   | Prescription Medications; Drive-Thru Pharmacy   |
| Petersburg Pharmacy   | One Centre Drive   | Petersburg, IL 62675  | (217) 632-7777   | <a href="https://www.petersburgpharmacy.com/">https://www.petersburgpharmacy.com/</a>   | Prescription Medications; Online Refills  |
| Potter Drug -Athens   | 214 Abe Lincoln Dr #2  | Athens, IL 62613      | (217) 952-7030   | <a href="mailto:contact@potterdrugs.com">contact@potterdrugs.com</a>  | Prescription Medications  |
| Potter Drug -Petersburg   | 200 S 6th St   | Petersburg, IL 62675  | (217) 632-2287   | <a href="https://www.potterdrugs.com/index.html">https://www.potterdrugs.com/index.html</a>   | Prescription Medications; Online Refills  |
| Walgreens   | 106 Illini Blvd  | Sherman, IL 62684     | (217) 496-2392   | <a href="https://www.walgreens.com/locator/walgreens-106+illini+blvd-sherman-il-62684/id=13852">https://www.walgreens.com/locator/walgreens-106+illini+blvd-sherman-il-62684/id=13852</a>   | Prescription Medications; Online Refills  |
| <b>Seasonal Supplies (ie Fans in Summer &amp; Blankets/Coats in Winter)</b> | See Also: Contact Ministries Seasonal Programs (Housing -Emergency); MCHA (Housing-Permanent)  |                       |  |   |   |
| <b>Senior Services</b>  | See Also: The Salvation Army (Disaster Relief), Goodwill (Employment)  |                       |  |   |   |
| Area Agency on Aging for Lincolnland, Inc                                   | 3100 Montvale Drive  | Springfield, IL 62704 | (217) 787-9234   | <a href="https://www.aginglinc.org/">https://www.aginglinc.org/</a>   | Routine Health Screenings, Transportation, Congregate and Home Delivered Meals, Information and Assistance, In-Home Respite, Caregiver Counseling, Legal Assistance, Long-Term Care Ombudsman, and Medication Management  |



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| Home Instead Senior Care   | 2055 West Iles Avenue, Suite #H               | Springfield IL, 62704  | (217) 547-1300                                       | <a href="http://www.homeinstead.com">www.homeinstead.com</a>  | Personal care, companionship, meal preparation, light housekeeping, transportation/errands, medication reminders, dementia care, hospice care   |
| ICARE- Long Term Care Ombudsman Program  | 3100 Montvale Drive                           | Springfield, IL, 62704 | (217) 523-8419 or 1 (800) 842-8538                   | <a href="http://www.icare.ws">www.icare.ws</a>  | Individual and systemic advocacy for and on behalf of residents 18+ living in long-term care facilities to protect and improve quality of care and quality of life.   |
| Illinois Department on Aging   | One Natural Resources Way, Suite 100          | Springfield, IL 62702  | 1(800) 252-8966                                      | <a href="https://www2.illinois.gov/aging/Pages/default.aspx">https://www2.illinois.gov/aging/Pages/default.aspx</a><br><a href="http://www.cbrx.il.gov">www.cbrx.il.gov</a> | Community Care Program, Older American Services, Elder Rights, Community Services, Communications and Training, Non-Discrimination Assurance  |
| Illinois Department on Aging- Menard County Office   | Menard County Courthouse 102 South 7th Street | Petersburg, IL 62675   | (217) 632-4412                                       |   | SHIP (Senior Health Insurance Program) counselors can help seniors who are new to medicare or needing help with it. Can help with getting access to benefits, medicare savings, medicare part D, advantage, and prescription drugs.   |
| Menard County Senior Transport   | Menard County Courthouse 102 South 7th Street | Petersburg, IL 62675   | (217) 632-4412                                       | <a href="http://tranpro.utc.uic.edu/php/provInfo.php?p_cid=694">http://tranpro.utc.uic.edu/php/provInfo.php?p_cid=694</a>   | Currently, transportation is available on a regular schedule five days per week and by special appointment on weekends as drivers are available. Our Medical Transport schedule: Monday, Wednesday and Friday - The Medical Van is available for Springfield appointments by 9:00 a.m. Tuesday and Thursday - The Medical Van is available for Petersburg or Springfield appointments at 9:00 a.m Wednesdays have been designated as the "Shopping Day." Call to Schedule a Ride: Monday-Friday 8:00am-5:00pm. Eligibility Requirements: 60 years of age or older. Fare: Suggested Donation |
| Petersburg Senior Center   | City Hall 122 South 6th Street                | Petersburg, IL 62675   | (217) 632-3600                                       | <a href="http://www.petersburgil.org/Senior.htm">http://www.petersburgil.org/Senior.htm</a>   | BINGO Wednesdays. 1:30 pm to 3:00 pm. Everyone 50 and Older is Welcome!   |
| Retired & Senior Volunteer Program (RSVP)  | 701 West Mason Street                         | Springfield, IL 62702  | (217) 528-4035                                       | <a href="http://www.centralillinois.org/rsvp.htm">http://www.centralillinois.org/rsvp.htm</a>   | Volunteering opportunities for volunteers who are 55+. RSVP is federally funded and run by: Senior Services of Central Illinois, at the Springfield Senior Center.  |
| Senior Services of Central Illinois in Menard County   | 100 East Sheridan Street                      | Petersburg, IL 62675   | (217) 632-3208                                       | <a href="http://www.centralillinois.org/">http://www.centralillinois.org/</a>   | Case coordination to help seniors stay in their homes, Elder Abuse & Neglect Program, Elder Assistance Services, Money Management Program   |
| Springfield Supportive Living  | 2034 Clear Lake Avenue                        | Springfield, IL 62703  | (217) 522-8843                                       | <a href="http://www.springfieldsupportiveliving.com">www.springfieldsupportiveliving.com</a>  | Assisted Living style apartments for Seniors 65 and older. Assistance with medications, bathing, laundry and housekeeping; 3 meals daily. Both Private Pay and Medicaid accepted.   |
| Sunny Acres Nursing Home & Countryside Estates Independent Living & (physical) Rehabilitation  | 19130 Sunny Acres Road                        | Petersburg, IL 62675   | (217) 632-2334; Nursing Home Hotline 1(800) 252-4343 | <a href="http://www.heritageofcare.com/petersburg.html">http://www.heritageofcare.com/petersburg.html</a>   | Skilled Nursing (Long- and Short-Term), Hospice Care, Respite Care, RESTORE Therapy, Occupational Therapy, Physical Therapy, Speech Therapy, RESTORE-to-Home, Independent Living (Countryside Estates), Social Services, IV & Wound Care (Specialized Nurses in Wound Care & IV Therapy), Special Dietary Services, Medicare Certified, Activities, Hair Salon/Barber Shop, Resident Council, Personalized Hospital Screenings & Visits   |
| Visiting Angels (Respite Care)   | 2800 Montvale Dr Suite G                      | Springfield, IL 62704  | (217) 568-6308; (877) 630-5615                       | <a href="https://www.visitingangels.com/springfield/home">https://www.visitingangels.com/springfield/home</a>   | Up to 24 hour care including: assistance with hygiene, meal prep, medication reminders, light housekeeping, errands & appointments, etc   |
| <b>Social Security</b>   |   |                        |  |   |   |
| Social Security Administration   | 3112 Constitution Drive                       | Springfield, IL 62704  | 1(877) 279-9504                                      | <a href="https://www.ssa.gov/onlineservices/">https://www.ssa.gov/onlineservices/</a>   | Social Security cards & benefits  |
| <b>Suicide &amp; Self Harm Prevention &amp; Treatment</b><br>See Also: Counseling & Mental/Behavioral Health; Prevention First (Teens/Youth) |   |                        |  |   |   |
| National Suicide Prevention Hotline  | N/A   | N/A                    | 1(800) 273-8255                                      | <a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a>   | Lifeline: free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals  |
| Self Injury Foundation   |   |                        | 1(800) 334-HELP                                      | <a href="http://www.selfinjuryfoundation.org/index.html">http://www.selfinjuryfoundation.org/index.html</a>   | Call if you or someone you know is harming themselves   |
| <b>Teens/Youth Services</b><br>See Also: Goodwill (Employment); Child Care & Youth Enrichment; Preventing Abusive Relationships (Counseling) |   |                        |  |   |   |
| Big Brothers Big Sisters of the Illinois Capital Region  | 444 S Grand Ave West or 928 S. Spring Street  | Springfield, IL 62704  | (217) 753-1216                                       | <a href="http://www.bbbsicr.org">www.bbbsicr.org</a>  | mwoods@bbbsicr.org  |
| Capital Area Career Center   | 2201 Toronto Rd.                              | Springfield, IL 62712  | (217) 529-5431                                       | <a href="http://www.capital.tec.il.us">www.capital.tec.il.us</a>  | Since 1977, CACC is proud to offer junior and senior high school students the opportunity to learn in an environment that is both unique and exciting! CACC students acquire knowledge and skills that are needed to move on to college and to enter the workforce by being taught by instructors that are experts in their fields in an environment that is safe and on the cutting edge of technology.  |
| Illinois National Guard "Lincoln's Challenge Program"  | 212 W. Borman                                 | Rantoul, IL 61866      | 1(800) 851-2166                                      | <a href="http://www.lincolnschallenge.org/">http://www.lincolnschallenge.org/</a>   | Program for at-risk youth aged 16-18 for building good character & life skills  |
| Prevention First   | 2800 Montvale Drive                           | Springfield, IL 62704  | (217) 793-7353                                       | <a href="https://www.prevention.org/">https://www.prevention.org/</a>   | Youth education on drug use; suicide prevention; list of free trainings on website  |
| Rutledge Youth Foundation  | 151 N. Bruns Lane                             | Springfield, IL 62702  | (217) 525-7757                                       | <a href="http://www.rutledgeyouthfoundation.com/">http://www.rutledgeyouthfoundation.com/</a>   | Independent Living Option, Foster Care, Intensive Placement Services for abused & neglected youth   |
| Youth America Hotline  |   |                        | 1(877) 968-8464                                      |   |   |
| Youth Service Bureau   | 2901 Normandy Road                            | Springfield, IL 62703  | (217) 529-8300                                       | <a href="http://www.ysbi.com">http://www.ysbi.com</a>   | Serves youth who are at-risk, abused, neglected, abandoned, or locked out by parents or guardians. Provides 24-hour crisis intervention, individual and family counseling, outreach, advocacy, shelter care, emergency placement, and referrals for other services  |
| <b>Transportation</b><br>See Also: Elizabeth Ann Seton Program (Family Assistance); Menard County Senior Transport (Senior Services)         |   |                        |  |   |   |
| Amtrak - Springfield   | 100 North Third Street                        | Springfield, IL 62701  | 1-800-USA-RAIL                                       | <a href="https://www.amtrak.com/stations/spi">https://www.amtrak.com/stations/spi</a>   | Travel by train   |

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| Greyhound - Springfield, IL @ Shanners Tire   | 2815 N DIRKSEN PKWY  | Springfield, IL 62702  | (217) 528-1569                | <a href="https://locations.greyhound.com/us/illinois/springfield">https://locations.greyhound.com/us/illinois/springfield</a>   | Travel by bus  |
| SMART (Sangamon Menard Area Rural Transit)  | 1800 East Adams Street   | Springfield, IL 62702  | (217) 679-5009                | <a href="https://co.sangamon.il.us/departments/s-z/smart">https://co.sangamon.il.us/departments/s-z/smart</a>   | Door to door transportation (must call ahead to schedule rides 24 hours advance)   |
| <b>Utility Assistance &amp; General Assistance</b>  | <b>See Also: Family Assistance</b>   |                        |                               |   |  |
| Community Services  | Menard County Courthouse<br>102 South 7th Street   | Petersburg, IL 62675   | (217) 632-4412                |   | Short term general assistance: for people with no children or disabilities. -help with money for essential bills or food. Warm Neighbors; Cool Friends Program: A utility assistance program for people who do not qualify for LIHEAP. Clients are responsible for half of their bill but can get assistance once per hot/cold season.   |
| LIHEAP/PIPP (Low Income Home Energy Assistance Program) Provided via Community Action Partnership of Central Illinois (Family Assistance) |  |                        |                               | <a href="https://www.illinois.gov/dceo/communityservices/utilitybillassistance/Pages/default.aspx">https://www.illinois.gov/dceo/communityservices/utilitybillassistance/Pages/default.aspx</a> | A lump sum paid to energy provider on clients' behalf. Apply annually. Service provided via Community Action Partnership of Central Illinois (See Family Assistance)   |
| Menard Caring   | 210 West Douglas   | Petersburg, IL 62675   | (217) 632-7723                | <a href="https://www.centralilfoodbank.org/Get-Help/food-locator/#LocationsList">https://www.centralilfoodbank.org/Get-Help/food-locator/#LocationsList</a>                                     | Food Pantry & Emergency Funds  |
| The Salvation Army  | Contact: Anne Smith<br>101 W Sheridan Rd   | Petersburg, IL 62675   | (217) 632-7723                | <a href="http://www.menardcha.org">www.menardcha.org</a>  | Emergency utility bill assistance (as funds available), emergency transportation cost assistance (as funds available), volunteering opportunities, etc   |
| <b>Veterans Services</b>  | <b>See Also: The Salvation Army (Utility &amp; General Assistance), Goodwill (Employment)</b>  |                        |                               |   |  |
| Illinois Department of Veterans Affairs   | 833 South Spring Street  | Springfield, IL 62794  | (217) 782-6641                | <a href="https://www2.illinois.gov/veterans/Pages/default.aspx">https://www2.illinois.gov/veterans/Pages/default.aspx</a>   | Assist Veterans, their dependents & survivors, in getting all available benefits due to military service   |
| Illinois Warrior Assistance Program (IWAP)  | Call Center Only   | Call Center Only       | 1-866-554-IWAP (4927)         | <a href="http://www.illinoiswarrior.com/">http://www.illinoiswarrior.com/</a>   | For veterans, their spouse, and children: Outpatient counseling services, some medical screenings & testing, Free legal and financial consultation. Misty Melson (314) 387-5068 mdmelson@megillianhalls.com  |
| The Salvation Army -Veteran Family Supportive Services Locations  | 611 W Washington Street  | Bloomington, IL 61701  |                               |   | Case Management, Assistance in Obtaining VA Benefits, Assistance in Obtaining Public Benefits, Assistance in Securing Permanent Housing, Rental Deposits, Utility Deposits, Limited Moving Costs, Limited Emergency Supplies, Transportation, Info & referrals   |
| Veterans Assistance Commission of Sangamon County   | 200 S 9th St Ste 104   | Springfield, IL 62701  | (217) 753-6680                | <a href="https://www.co.sangamon.il.us/departments/s-z/veterans-assistance-commission">https://www.co.sangamon.il.us/departments/s-z/veterans-assistance-commission</a>                         | The Veterans Assistance Commission of Sangamon County provides services to the local Veterans community in areas of Financial Assistance, VA Claims & Advocacy, Transportation to VA Medical Centers, and referral assistance. Emergency Assistance Offered: Rental Assistance, Utility Assistance, Food Voucher, Prescription Assistance, Burial Assistance **All assistance must be applied for and all requirements must be met in order to determine the assistance that you may be eligible for. Transportation: The VAC offers transportation to Danville VAMC, Peoria CBOC, and St Louis VAMC. To schedule a ride please call 217-753-6680. |
| Veterans Crisis Line  |  |                        | 1-800-273-8255<br>PRESS 1.    | <a href="http://www.veteranscrisisline.net/">http://www.veteranscrisisline.net/</a>   | Online chat / text available at <a href="http://www.veteranscrisisline.net/">http://www.veteranscrisisline.net/</a>  |
| <b>Veterinary</b>   |  |                        |                               |   |  |
| Main Street Animal Clinic   | 105 N. Main St.  | Athens, IL 62613       | (217) 636-7388                | <a href="https://mainstanimalclinic.com/">https://mainstanimalclinic.com/</a>   | Medical Care for animals.  |
| Menard County Animal Control  | P.O. Box 163   | Petersburg, IL 62675   | (217) 632-7302                | Facebook only   | Pet adoption, Inquiries on missing/stray animals, Animal violence, etc (Adoptions by appointment only)   |
| Petersburg Veterinary Clinic  | 1021 Centre Dr   | Petersburg, IL 62675   | (217) 632-7713                | <a href="http://www.petersburgvetclinic.com/">http://www.petersburgvetclinic.com/</a>   | Health care for dogs, cats, horses, and livestock as well as advanced, in-house diagnostics  |
| <b>Vision &amp; Eyes</b>  | <b>See Also: DHS (Medical Assistance), Menard County Health Department (Family Assistance)</b> |                        |                               |   |  |
| Athens Lions Club   | P.O. Box 91  | Athens IL 62613        | Larry Baughman (217) 741-7902 | Facebook or the national website: <a href="http://www.lionsclubs.org">www.lionsclubs.org</a>  | Eye exams, eye glasses, hearing exams & hearing aids for those who can't afford them, on a case by case basis; volunteering opportunities.   |
| Illinois School for the Visually Impaired   | 658 East State Street  | Jacksonville, IL 62650 | (217) 479-4400                | <a href="http://www.dhs.state.il.us/page.aspx?item=87427">http://www.dhs.state.il.us/page.aspx?item=87427</a>   | Counseling, Family Training, Education, etc. Residential/day school for students who are blind or visually impaired; provides accredited educational and related services for children from birth to twenty-two years of age through preschool, elementary and high school   |
| Mary Bryant Home for the Blind  | 2960 Stanton Street  | Springfield, IL 62703  | (217) 529-1611                | <a href="http://www.marybryanthome.org/">http://www.marybryanthome.org/</a>   | Promoting Independence and Enriching Lives. The philosophy of community at the Mary Bryant Home for the Blind and Visually Impaired is founded in the belief that blindness or being visually disabled, should not be a barrier to enjoying a happy, healthy, and productive lifestyle. As a certified supportive living community for the blind and visually impaired located in Springfield, Illinois, the Mary Bryant Home offers its residents a chance to live independently and experience all of the many great things life has to offer.   |
| <b>Volunteering Opportunities, Clubs, Social Groups, etc</b>  | <b>See Also: Athens Lions Club (Vision &amp; Eyes)</b>   |                        |                               |   |  |

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| Menard Archers Archery Club   |   |                      | Dane Eggertson (217) 968-7388 | <a href="http://menardarchers.com">http://menardarchers.com</a>   | The Club's 3D Archery course is located adjacent to the west side of New Salem State Park. The Menard Archers meet on the 1st Wednesday of every month at 7:00 p.m. at the range. (or at Gilmore's Restaurant in Winter months or during inclement weather). The Menard Archers promote all aspects of archery and supports all types of archery tackle, including traditional recurves and longbows, hunting compounds, crossbows, and unlimited target equipment. The club hosts multiple public 3D shoots from February thru September. The course is set up with 30 Rinehart life size animal targets. For questions about the Menard Archers 3D Archery Club, visit <a href="http://menardarchers.com">http://menardarchers.com</a> or contact President Dane Eggertson at 217-968-7388. For questions about our 30-target 3D target course, contact Field Captain Steve Whitehurst at 217-632-4411 |
| Menard County Jaycees   | N/A   | N/A                  | N/A                           | <a href="https://jci.cc/">https://jci.cc/</a> <a href="https://www.facebook.com/menardcountyjaycees/">https://www.facebook.com/menardcountyjaycees/</a> | Volunteering Opportunities & socialization   |
| New Salem Longbeards NWTF (National Wild Turkey Federation) Chapter |   |                      | Doug King 9217) 634-4160      |   | Activities & socialization. The New Salem Longbeards was begun in 1999 as the local Petersburg chapter of the National Wild Turkey Federation. The chapter holds an annual Menard County NWTF Superfund Banquet on the first Saturday of March every year. The chapter supports outdoors activities in our area for women and youth, awards a local scholarship, supports local Hunter Safety Education classes, and provides grants for the improvement of wildlife habitat in Menard County. Further information on the New Salem Longbeards is available on the chapter web site at <a href="http://www.newsalemlongbeards.com">http://www.newsalemlongbeards.com</a> , or call Doug King at 634-4160.  |
| Partnership for Safety & Wellness                                   | Athens City Hall<br>210 Dottie Benarko Drive                  | Athens, IL 62613     | N/A                           | <a href="https://www.facebook.com/MenardCountyPSW/">https://www.facebook.com/MenardCountyPSW/</a>   | Volunteering Opportunities, Prescription Take Back Program (Medicine Disposal)   |
| Prairie Rockets QF (Quail Forever) Chapter                          |   |                      | Aaron Kuehl (217) 635-5207    | <a href="http://www.petersburgil.com/p_clubs.html">http://www.petersburgil.com/p_clubs.html</a>   | The local Prairie Rockets Chapter of Quail Forever (QF) is dedicated to the protection and enhancement of quail, pheasant and other upland wildlife through habitat improvement, public awareness, education and advocacy for sound land management policy. Quail Forever and Pheasant Forever members are a diversified group of hunters, non-hunters, farmers, ranchers, landowners, conservation enthusiasts and wildlife officials. QF and PF are for those who want to make a difference for wildlife by creating habitat, restoring wetlands and protecting prairies. The Chapter held its first banquet in 2006; the annual banquet is now regularly held on the last Saturday of January each year. For more information, call Aaron Kuehl at 217-635-5207. (Or email <a href="mailto:akuehl@pheasantsforever.org">akuehl@pheasantsforever.org</a> )   |
| The Kiwanis Club of Petersburg                                      | Oaks B&B  | Petersburg, IL 62675 |                               | <a href="https://www.kiwanis.org/clubs/find-a-club?location=Petersburg.%20IL">https://www.kiwanis.org/clubs/find-a-club?location=Petersburg.%20IL</a>   | Volunteering Opportunities. The Kiwanis Club of Petersburg meets every Tuesday evening at 6:30 P.M. at the Oaks B&B. Membership is by invitation only, and is open to both men and women ages 18 and older. The Kiwanis Year begins October 1 and runs through September 30. The club is governed by a Board of Directors who meet the first Tuesday of every month. Interesting and entertaining programs are planned for every meeting except for the first Tuesday of the month. The club's major fundraisers are its Pancake and Sausage Breakfasts which have been held continuously, at least once a year, since 1950. Our club sponsors the PORTA High School Key Club, the local Cub Scout Pack #54, and 3 community blood drives a year. Anyone having questions may contact Dave Allen at the National Bank of Petersburg.   |
| The Petersburg Chamber of Commerce                                  | 122 S. 6th Street (Inside Petersburg City Hall); P.O. Box 452 | Petersburg, IL 62675 | (217) 416-4607                | <a href="https://www.petersburgilchamber.com/">https://www.petersburgilchamber.com/</a>   | Community Connections & Networking, Volunteering Opportunities   |
| The Petersburg Rotary Club  | N/A   | N/A                  |                               | <a href="https://www.facebook.com/Rotary-Club-of-Menard-County-333597023669/">https://www.facebook.com/Rotary-Club-of-Menard-County-333597023669/</a>   | Volunteering Opportunities. Meetings on Tuesday night at 6:00 at Keri's Kitchen 501 S. 6th Street Petersburg, Illinois 62675. Keri's Kitchen phone # 217-632-3816  |
| Town & Country Women's Club   |   |                      |                               |   | Town & Country Women's Club is a social organization that volunteers time and resources to the Petersburg community. Annual membership dues are \$20. Any women who is at least age 17 is eligible for membership. Meetings are at 6:30 p.m. on the second Thursday of each month from September through May. <a href="https://www.facebook.com/pg/TownCountryWomensClub/about/?ref=page_internal">https://www.facebook.com/pg/TownCountryWomensClub/about/?ref=page_internal</a>  |
| Vintage Agricultural Association                                    |   |                      | Norm Claussen (217) 741-3531  | <a href="http://www.petersburgil.com/p_clubs.html">http://www.petersburgil.com/p_clubs.html</a>   | Mission: to preserve our agricultural heritage through preservation, restoration, and education of vintage agricultural equipment. The club meets on the 3rd Thursday of every month (except August & December) at the Menard Electric Co-Op at 7:00 p.m. Other meetings are held during announced events throughout the year (tractor shows, parades, etc.). The membership is open to anyone in the state of Illinois, the only requirement is having a interest in vintage farm practices and agricultural equipment. Dues are \$20 a year, which is a family membership. Anyone interested in joining may get more information by contacting Norm Claussen at 217-741-3531, by mail at PO Box 446, Petersburg, IL 62675  |
| <b>Other Resources</b>  |   |                      |                               |   |  |
| Athens Public Library   | 410 East Hargrave Street                                      | Athens, IL 62613     | (217) 636-8047                | <a href="https://athenslibrary.weebly.com">https://athenslibrary.weebly.com</a>   | Free Computer & Internet Access  |
| Menard County Probation Office                                      | Menard County Courthouse;<br>PO Box 446                       | Petersburg, IL 62675 | (217) 632-4438                |   | Supervision of Menard residents who are on probation   |
| Petersburg Public Library   | 220 South 6th Street  | Petersburg, IL 62675 | (217) 632-2807                | <a href="http://www.petersburgpubliclibraryil.org">www.petersburgpubliclibraryil.org</a>  | Free Computer & Internet Access  |